



# THE 10TH ANNUAL YOUTH SUMMIT:

**A CONFERENCE FOR YOUTH AND  
EMERGING LEADERS WITH DISABILITIES**



**AUGUST 11-12, 2017**  
**FLORIDA HOTEL & CONVENTION CENTER**  
**ORLANDO, FL**

# WELCOME

## GREAT SCOTT!

The 10th Annual Youth Summit presented by The FYC and The Family Café is finally here! The Florida Youth Council (FYC) is excited to welcome you and all youth and emerging leaders to Orlando for this special event!

The FYC is a group of young Floridians with disabilities that are focused on growing leadership and encouraging their peers to succeed in life. The Annual Youth Summit (AYS) is a two-day event that is designed by the youth and emerging leaders of The FYC to be completely by youth, for youth.

Since 2008, the year of The 1st Annual Youth Summit, The FYC has hosted more than 1,800 youth and emerging leaders from across the state of Florida at The Annual Youth Summit. Every August, they have come together with their peers to learn, network, and expand their leadership skills. The Annual Youth Summit has exposed attendees to more than 80 presentations that have helped prepare them for various aspects of adulthood, with a range of topics, including making it on your own, adopting a healthy, active lifestyle, and participating in our democracy by voting. The Annual Youth Summit also been fortunate to host a series of excellent keynote presenters who have inspired participants while helping them to consider the challenges that come with the transition to adulthood. Most of all, The FYC is proud of the way The Annual Youth Summit has given youth and emerging leaders the opportunity to make friends that will last a lifetime.

Here in 2017, The Florida Youth Council has once again come together to create another terrific event in The 10th Anniversary Youth Summit. The young leaders of the FYC have developed a program designed to educate, inform and entertain. The theme of The 10th Annual Youth Summit, which is inspired by the Back to the Future movie franchise, is **"Youth FUTURES: Your Future is Whatever You Make It, So Make It a Good One."** Just like the young star in *Back to The Future*, youth that find their way home by attending the Annual Youth Summit will develop self-reliance and discover their innate abilities as they move courageously to build the future they imagine!

The Council is extremely confident that everyone will have fun and enjoy all of the activities planned this weekend, and maybe even make a few new friends. If there's anything you need while you're here, or if you have any suggestions about how we can make The Annual Youth Summit better, please let us know!



Yours,  
The Florida Youth Council

**Shevie Barnes  
Derek Carraway  
Ruben Castro  
Megan Germain  
Ian Horowitz**

**Christopher Regan  
Dakota Smoot  
Josue Tapia  
Christina Waldron  
Serena Wetmore**

**FRIDAY, AUGUST 11** 

**THE FLORIDA YOUTH COUNCIL  
IS PLEASED TO WELCOME STATE  
SENATOR BILL GALVANO TO  
THE 10TH ANNUAL YOUTH SUMMIT**

**3:30 p.m. - 4:00 p.m. • Legacy North**



Sen. Galvano is Chair of the Appropriations Subcommittee on Higher Education, and also serves on the Appropriations, Education, Governmental Oversight and Accountability, and Rules Committees, as well as on the Joint Legislative Budget Commission.

As a long-time supporter of The Family Café and its efforts to promote advocacy and engagement among people with disabilities, Senator Galvano will share a congratulatory message on the 10th anniversary of the Annual Youth Summit, and encouragement for the FYC's efforts to promote youth leadership.

# YOU ARE JUST NOT NORMAL, AND IT IS THE MOST BEAUTIFUL PART ABOUT YOU!

**4:00 p.m. - 6:00 p.m. • Legacy North**

Sammi Tucker has inspired people around the world to stop looking at themselves as disabled and start considering themselves to be differently-abled! She believes her amputation is her greatest source of strength, influence and beauty. After losing most of her arm in an accident, most people didn't expect her to thrive. Sammi took the loss as the final straw and flipped the switch on life and broke through into confidence, happiness, and self-acceptance.

**Sammi Tucker**

Resilience Expert / Author / Paralympic Archer

sammi@sammitucker.com

(208) 914-3207



# ROADS? WHERE WE'RE GOING, WE DON'T NEED ROADS!

## Parents Only Session 5:00 p.m. - 6:00 p.m. • Legacy South 1

Most of us go from day to day just coasting on the status quo. If it ain't broke, why fix it, right?

But sometimes you reach a point where the road doesn't lead where you need to go. Maybe the routine just gets too mundane, or the service delivery system stops making sense. That's when you just have to hold your breath . . . and jump into the future.

That's what we did at The Family Café when we started The Annual Youth Summit. It's been 10 years since the Florida Youth Council started the best and biggest inclusive Youth Summit in the state, an adventure far scarier than riding a hoverboard or hanging from the clock tower, waiting for lightning to strike.

It has been 10 years of growth and changes for the FYC, as they've taken a road with a few twists and turns, but also one with many unqualified successes. Over the last decade, the FYC has been pushing your immensely talented youth in a new direction, one that emphasizes some amazing leadership and networking skills above all else.

Now, on our 10th Anniversary, it's time to go back to the future! This weekend, we hope you will hear the stories that our youth have to share, as they tell us how they have made the leap, left their comfort zones, and traveled through time to get here.

What comes next? As Doc Brown said, "Where we're going, we don't need roads!"

Come join together for this Parent Only Session, so we can talk about the future, the past, and where we go from here. It's time to get the DeLorean up to 88 mph and go Back to the Future!

### **Lori Fahey**

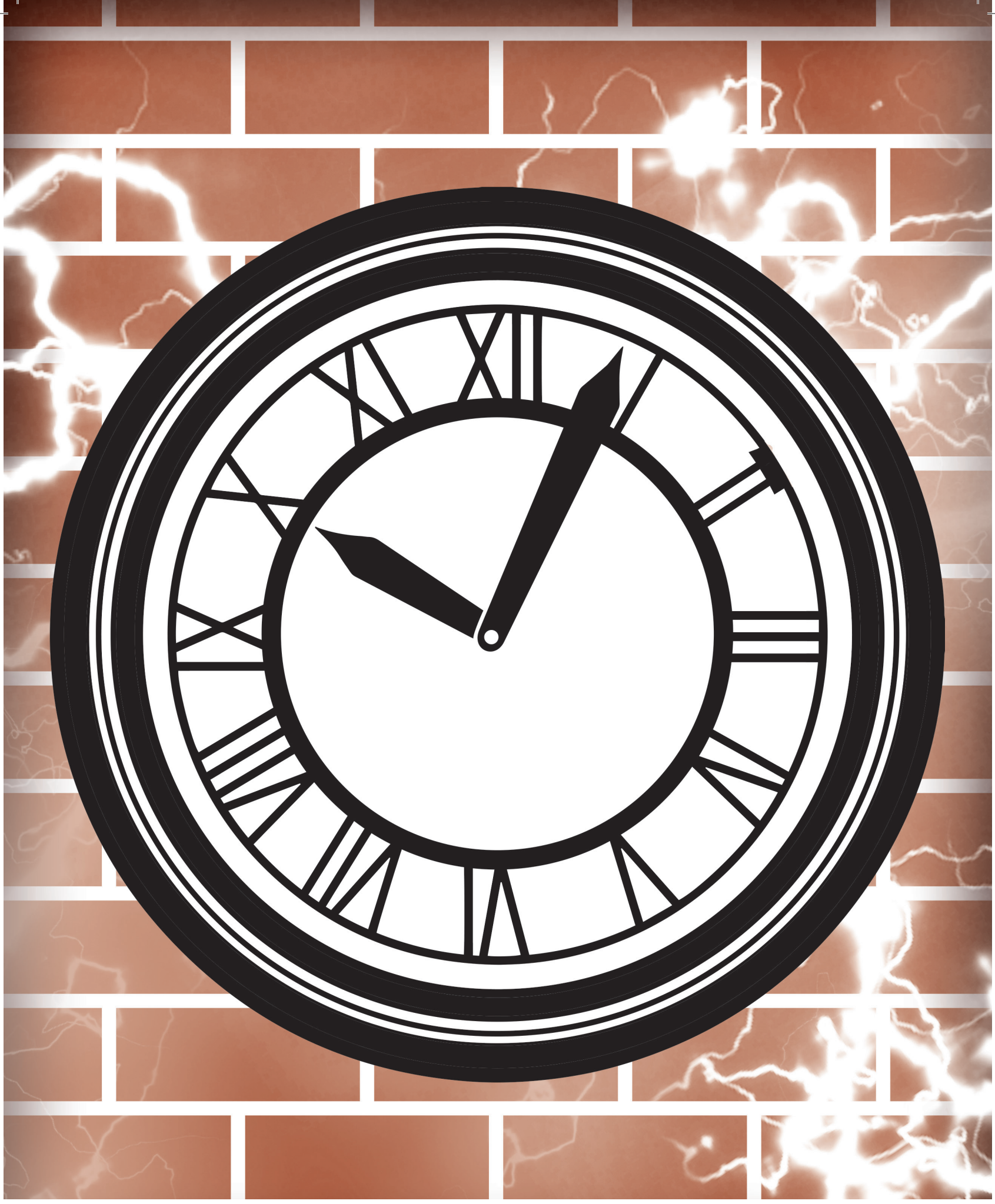
President/CEO / The Family CAFE, Inc. /  
CAFE TA Center / FFAST Regional Demonstration Center  
820 East Park Avenue, Suite F-100  
Tallahassee, FL 32301  
(850) 224-4670 (voice) (850) 224-4674 (fax)

# A NIGHT AT THE MOVIES

7:30 - 10:00  
LEGACY NORTH







# SATURDAY, AUGUST 12

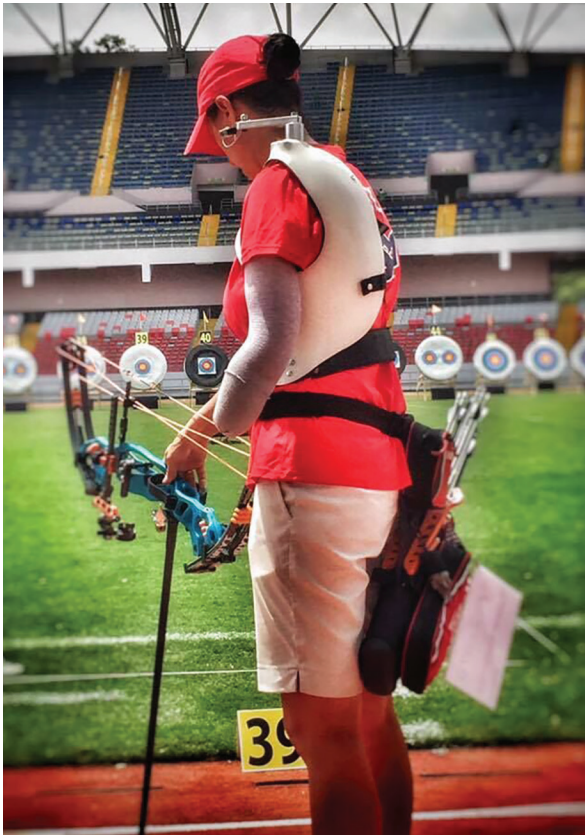
## MORNING WELCOME

9:30 a.m. - 10:00 a.m. • Legacy North

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## LIFE BOUNDARIES REDEFINED

10:00 a.m. - 11:30 a.m. • Legacy North



Through storytelling, humor, and practical advice, Sammi shares how losing her arm, and all that she thought was important, became her inspiration for breaking down the boundaries of life. She explains how most of our limitations are self-imposed and not real. How sometimes it is our fears that create boundaries that keep us thinking and living small. Sammi shares three shifts in belief everyone can use to find the good in every bad situation, turn perceived disadvantages into advantages, and use any negative energy to manifest greatness.

### Sammi Tucker

Resilience Expert / Author / Paralympic Archer  
(208) 914-3207  
[sammi@sammitucker.com](mailto:sammi@sammitucker.com)

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## LUNCH

11:30 a.m. - 12:45 p.m. • Legends Ballroom

Enjoy lunch with all of the Youth Summit participants!

## **EDUCATIONAL SESSIONS**

### **1:00 P.M. - 2:00 P.M.**

### **NAVIGATING REWARDING RELATIONSHIPS: BUILD YOUR CREW**

**1:00 p.m. - 2:00 p.m. • Legacy South 1**

Join us for a lively discussion about friends and romantic relationships. We will discuss the good, the bad, and the ugly aspects of building meaningful connections. We'll cover safe spaces, healthy boundaries, communication, self-respect, and confidence. Share your experiences and questions!

**Sarah Amin**  
Sarahamin9@gmail.com

**Carly Fahey**  
Carlyrf@gmail.com

**Dana Fink**  
danafink@hotmail.com

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### **LIFE IS ONE BIG TRANSITION**

**1:00 p.m. - 2:00 p.m. • Legacy South 2**

Learn how to effectively manage transitioning from school to employment or post-secondary education. The objective is to gain a clear understanding of transition services as well as empower individuals to advocate for appropriate services from their IEP teams and vocational rehabilitation counselors as they go through the transition process. The presentation will include discussion on: transition planning and TIEPs (Transition IEPs), Vocational Rehabilitation, the Client Assistance Program, and updates to the Workforce Innovation and Opportunity Act (WIOA).

**Paula Roberts**  
External Affairs Outreach Coordinator  
Disability Right Florida  
2473 Maguire Boulevard, Suite 3200  
Tallahassee, FL 32308  
1-800-342-0823  
www.disabilityrightsflorida.org  
paular@disabilityrightsflorida.org

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### **RESUMES AND JOBS**

**1:00 p.m. - 2:00 p.m. • Legacy South 3**

Searching for a job can be difficult and scary. In this presentation, participants will learn tips on how to build and improve their resume to improve their chances of getting an interview and a job. Participants will also learn ways to search for employment and find a job they love. Come join us for a fun way to learn how to market yourself to your next boss!

**Meghan Murray**  
Director of Community Supports  
Agency for Persons with Disabilities

## EDUCATIONAL SESSIONS

### 2:15 P.M. - 3:15 P.M.

#### HOME AWAY FROM HOME

2:15 p.m. - 3:15 p.m. • Legacy South 1

Living independently doesn't have to mean living on your own! Come learn about the tools and resources you need in order to live an empowered life with self-directed decisions. Learn to identify your goals and ways to live up to your highest potential.

**Sarah Amin**  
Sarahamin9@gmail.com

**Carly Fahey**  
Carlyrf@gmail.com

**Dana Fink**  
danafink@hotmail.com

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#### NAVIGATING THE OBSTACLES AND OPPORTUNITIES OF TRANSPORTATION FOR YOUR FUTURE

2:15 p.m. - 3:15 p.m. • Legacy South 2

This breakout session will explore the barriers and benefits of transportation in your community in order to enhance your mobility and independence. The discussion will be led by an individual who uses specialized transportation to overcome barriers to independence, and will include experts in transportation challenges and services for people with disabilities. Questions, concerns and the sharing of ideas to improve the transportation system will be the primary focus of this session. The audience will have the opportunity to ask questions and share their experiences with using transportation services from around the State of Florida.

**David Darm**  
Government Operations Consultant  
4030 Esplanade Way, Suite 370A-2  
Tallahassee, FL 32399  
(850) 414-8096  
David.Darm@apdcares.org

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#### ABLE UNITED AND YOUR FINANCIAL FUTURE

2:15 p.m. - 3:15 p.m. • Legacy South 3

Financial literacy is the first step to achieving financial independence. But, the reality is that most Americans aren't saving – and that's even more true of individuals with disabilities.

In this session, you'll learn about ABLE United, a resource that enables people with disabilities to save money for their future while maintaining their federal benefits, and tools that can help you learn how to best manage your money.

**Emily Read**  
APR, Senior Director  
Moore Communications Group  
(850) 224.0174  
emilyr@moorecommgroup.com

## **EDUCATIONAL SESSIONS** **3:30 P.M. - 4:30 P.M.**

### **A FIELD GUIDE TO TRAVELING WITH A DISABILITY ... NOW AND FOR THE FUTURE**

**3:30 p.m. - 4:30 p.m. • Legacy South 1**

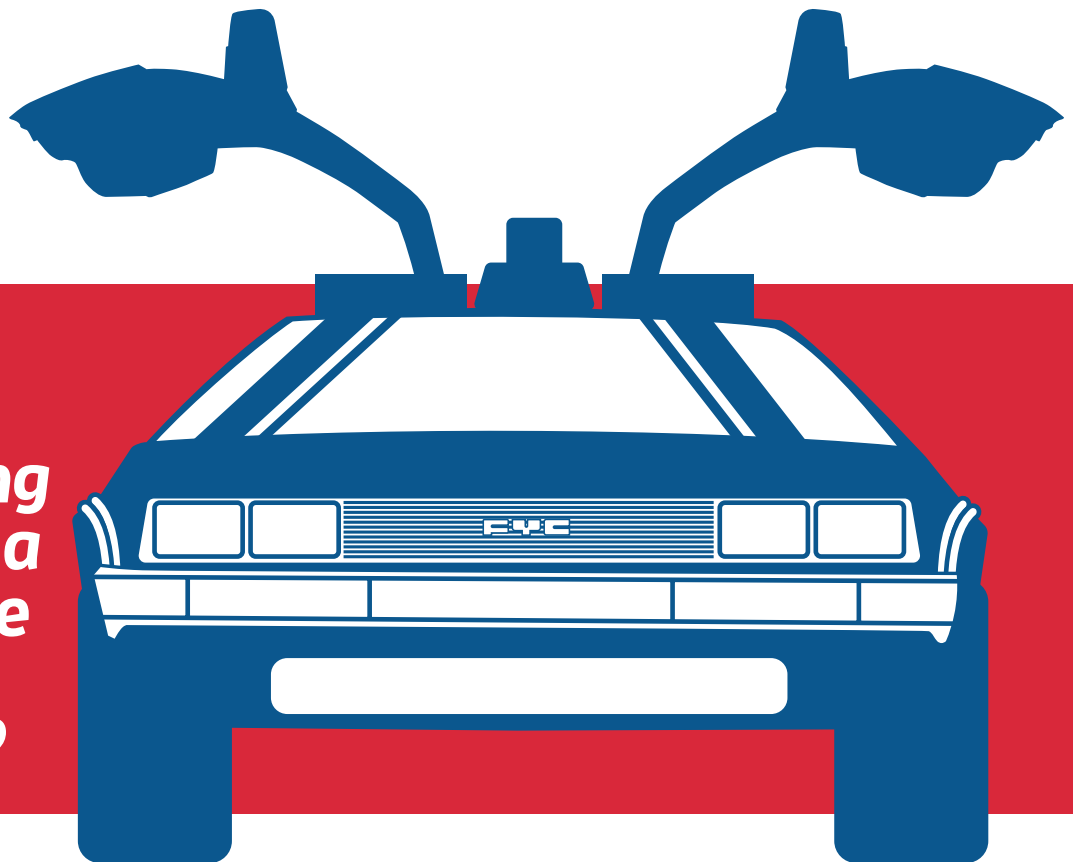
None of us may be able to travel back or forward in time in the “real” world, but everyone needs a way to get around and travel . . . even people with disabilities. However, many people with disabilities often lack the means to get around their local neighborhoods and communities, let alone travel around to other cities, towns, and places they may choose to travel to.

Some may have physical limitations, and may be unable to walk long distances to get around. Others may lack the ability to drive a car, and might need to rely on public transportation to travel. Either way, that doesn’t mean that people with disabilities are incapable of traveling.

In this presentation, listen to an individual with a hidden disability, who frequently travels around the United States (and has traveled abroad) for his work as a self-advocate for people with disabilities, as he describes the strategies he uses to travel independently around the country, and how people with disabilities can travel independently via public transportation in their local communities, and travel to other destinations throughout the United States and elsewhere, regardless of their abilities and limitations, and whether or not they are able to drive a car.

**James Williams**  
2300 Scott Road  
Northbrook, IL. 60062  
Jmw820@comcast.net  
[www.jamesmw.com](http://www.jamesmw.com)

**“Wait a  
minute, Doc.  
Are you telling  
me you built a  
time machine  
out of a  
DeLorean?”**



## DISNEY PILLOWCASE PROJECT

**3:30 p.m. - 4:30 p.m. • Legacy South 2**

Following Hurricane Katrina, Disney recognized that many children evacuated with only the clothes on their backs. To help young people be better prepared to evacuate in the event of a disaster, Disney developed The Pillowcase Project. It encourages kids to have a “kit” of things they can carry in a pillowcase in case they may need to evacuate. This workshop will focus on how that project works, and how youth can put together their own pillowcases.

**Jose Bueno**

American Red Cross  
1115 Easterwood Drive  
Tallahassee, FL 32311  
(813) 295-4249  
[Jose.Bueno@redcross.org](mailto:Jose.Bueno@redcross.org)

## THINKING ABOUT INDEPENDENT LIVING? THINGS TO CONSIDER IN PREPARING TO MOVE TO INDEPENDENCE

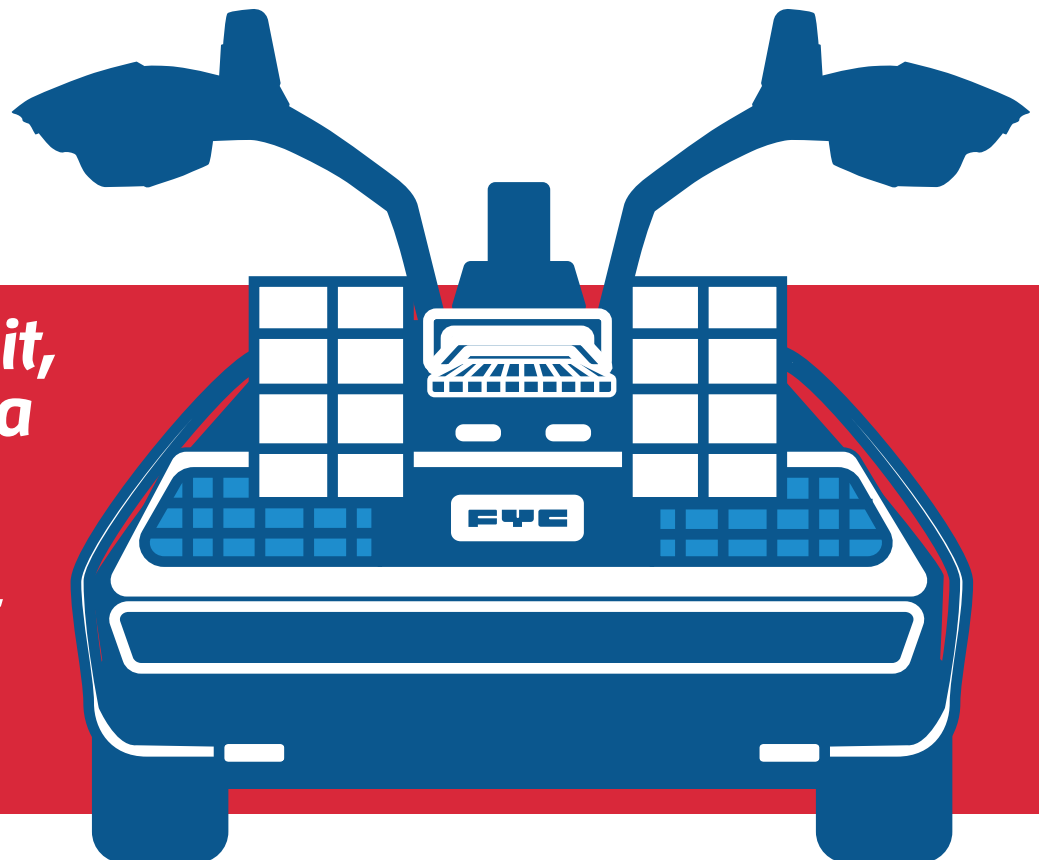
**3:30 p.m. - 4:30 p.m. • Legacy South 3**

Come join us for a frank discussion about independent living and the skills or supports needed to be successful. We will be sharing lessons learned from nine years of transitional independent living training and immersion programs.

**Charlotte Temple**

The Arc Jacksonville  
1050 North Davis Street  
Jacksonville, FL 32209  
(904) 358-1200  
[ctemple@arcjacksonville.org](mailto:ctemple@arcjacksonville.org)

*“The way I see it,  
if you're gonna  
build a time  
machine into  
a car, why not  
do it with  
some style!”*



SATURDAY NIGHT

10<sup>th</sup> Annual

YOUTH  
SUMMIT

DANCE



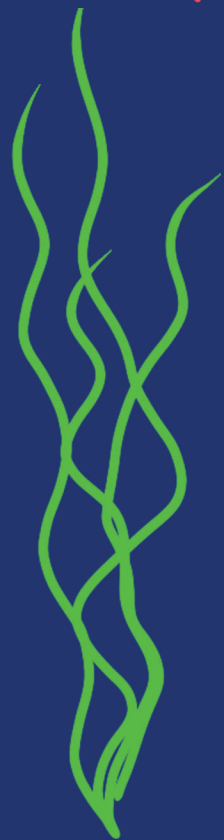
TIME TO  
PARTY!



6:30 - 9:30

LEGENDS 2 & 3

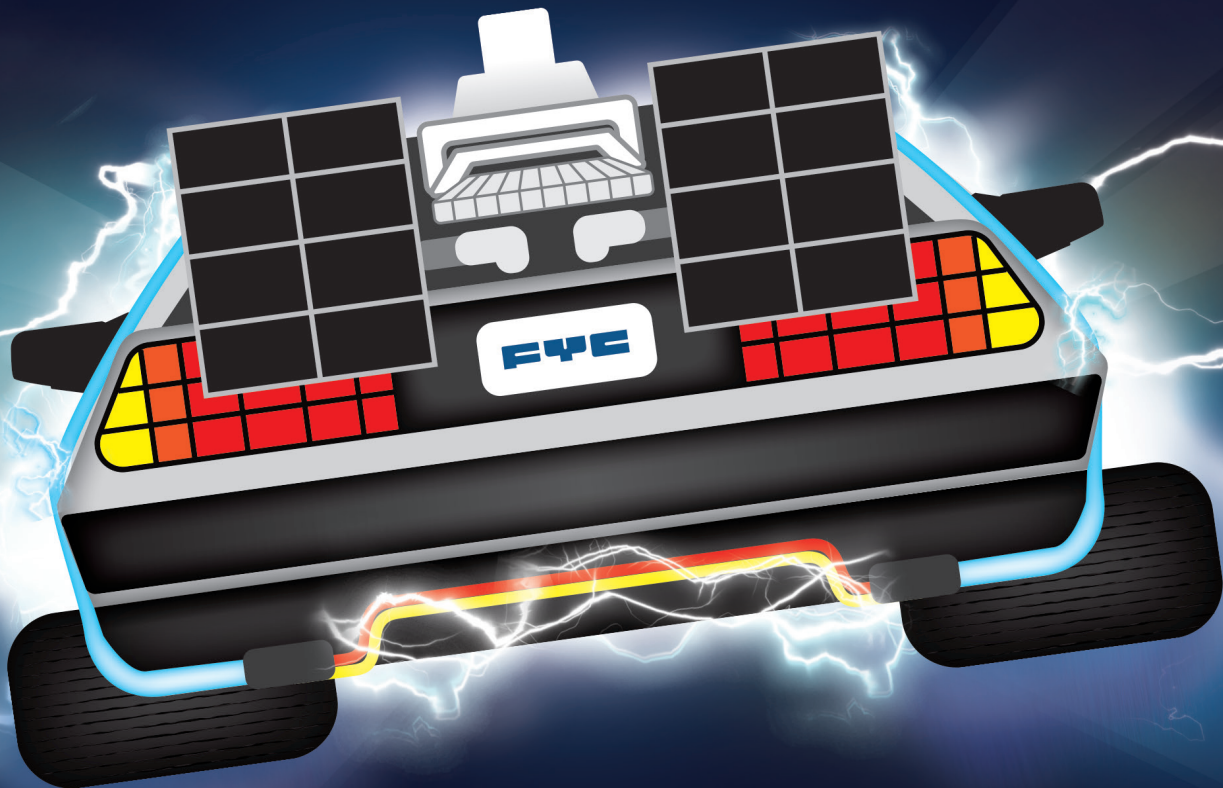
♥ BE THERE OR  
BE SQUARE!



# THE FLORIDA YOUTH COUNCIL IS A PROGRAM OF THE FAMILY CAFE



SHOWCASING FLORIDA'S  
MENU OF SERVICES



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