

2ND

ANNUAL YOUTH SUMMIT

AUGUST 7-8, 2009



**THE FLORIDA HOTEL
AND CONFERENCE CENTER
ORLANDO, FL**



WELCOME YOUTH AND EMERGING LEADERS!

Welcome to The 2nd Annual Youth Summit, presented by the Florida Youth Council and The Family Café.

The Annual Youth Summit is a two-day event that has been designed by youth, for youth, by the youth and emerging leaders of the Florida Youth Council. The Florida Youth Council is a group of youth and emerging leaders, just like you, that are committed to encouraging leadership and helping their peers to succeed in transition.

When the FYC first came together, we had a discussion about what we could do to inspire leadership and promote conversation about the things that youth and emerging leaders with disabilities deal with every day. We decided that a great way to do that would be to host an event where we could get together with our peers to learn, network, and talk about the challenges we face.

Our 1st Annual Youth Summit last August was a great success, attracting more than 130 attendees from around the state. We all had a great time getting to know each other, and sharing our stories about our lives. We're really excited to host the 2nd Annual Youth Summit, which should be even better than the first one! We have a great Keynote from Paralympic Athlete Josh Sundquist planned, as well as a movie night, a bunch of great breakout sessions, fun activities and a dance on Saturday night!

We hope you have a great time at The Annual Youth Summit this weekend, and that you make some new friends and learn a little bit at the same time. If there's anything you need while you're here, or if you have any suggestions about how we can make The Annual Youth Summit even better, please let us know!

Yours,
The Florida Youth Council

Alex Brown, Youth Advisor
Lizzy Barrows
Matt Boselli
Mason Charles
Carly Fahey
Nick Grabowski

Grier Harris
Whitney Harris
Cinthia Melgar
Chris Regan
Sara Romine
Josue Tapia Ortiz
Matt Zebroski



THE 2ND ANNUAL YOUTH SUMMIT

August 7-8, 2009

AGENDA

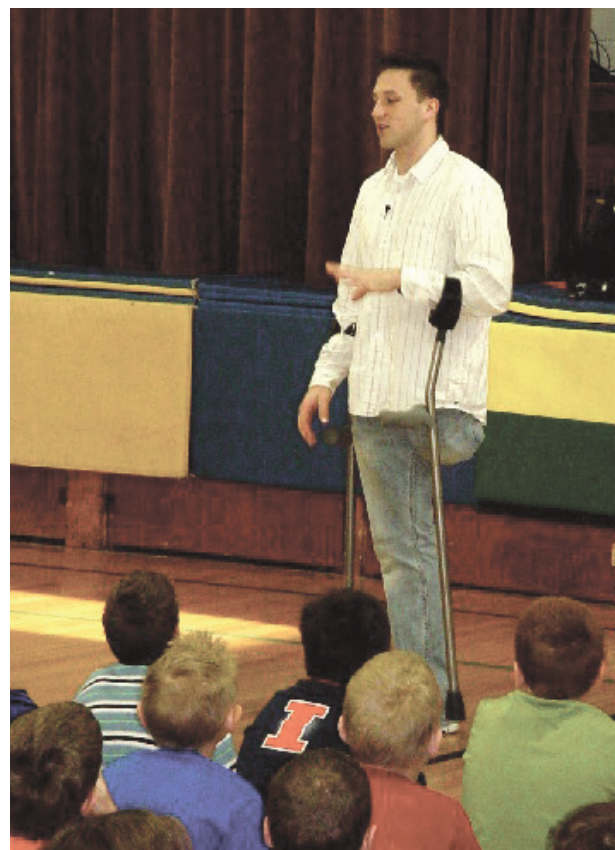
FRIDAY, AUGUST 7

OPENING KEYNOTE

3:00 – 4:00

Legacy North

At age 24, Josh's refreshing blend of energy and humor will connect youth and emerging leaders on their level. He will share stories about losing his leg to cancer, ski racing in the Paralympics, and playing practical jokes with his artificial leg to give motivation for overcoming adversity and goal setting. His presentation will be interactive and high energy—during a single keynote he will run, sing, dance, free-style rap and jump off the stage several times.



INTERACTIVE SESSION WITH JOSH SUNDQUIST

4:30 – 6:00



1mt1mt

Josh will discuss his training slogan, 1mt1mt (which stands for "one more thing, one more time"). He will explain how it relates to both the persistence we need to overcome challenges in our everyday lives and the importance of dedicating ourselves to constant improvement and higher standards. This will be an interactive session, with lots of time for discussion and questions and answers.

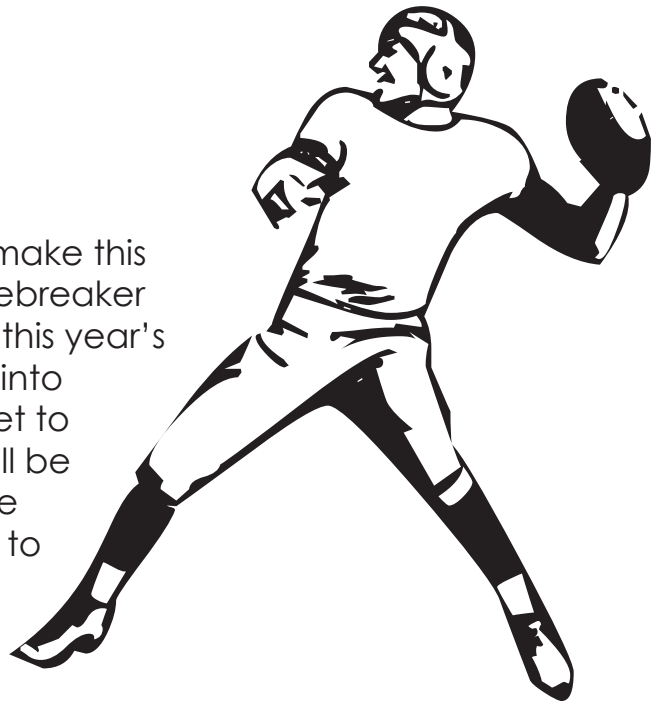
FRIDAY AUGUST 7TH

Team Ice Breaker

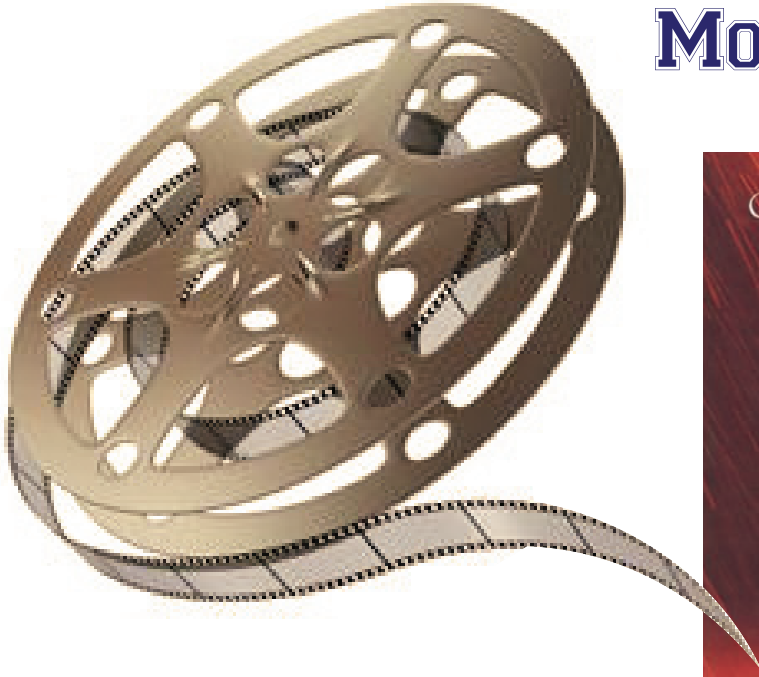
6:00 – 7:00

Legacy North

Getting to know people is often very difficult. To make this a little easier the FYC has scheduled a few fun icebreaker activities for the participants. Since the theme of this year's Youth Summit is sports, we are going to break up into "teams." This activity will give you a chance to get to know the members of your team. These teams will be lead by Youth Council members who will facilitate the icebreaker activity and help participants get to know each other.



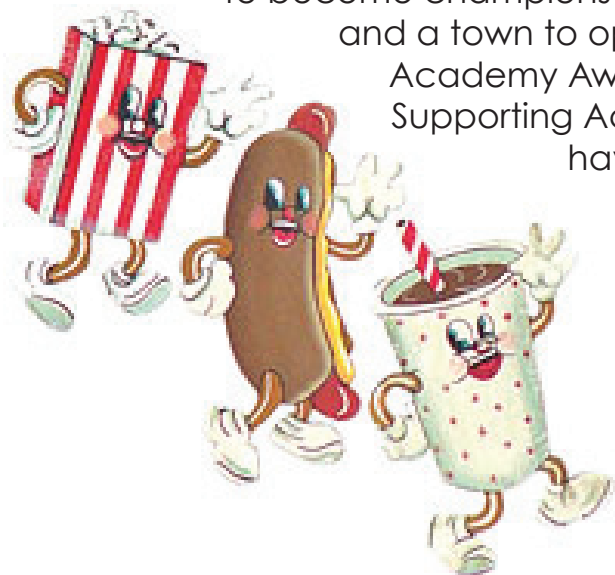
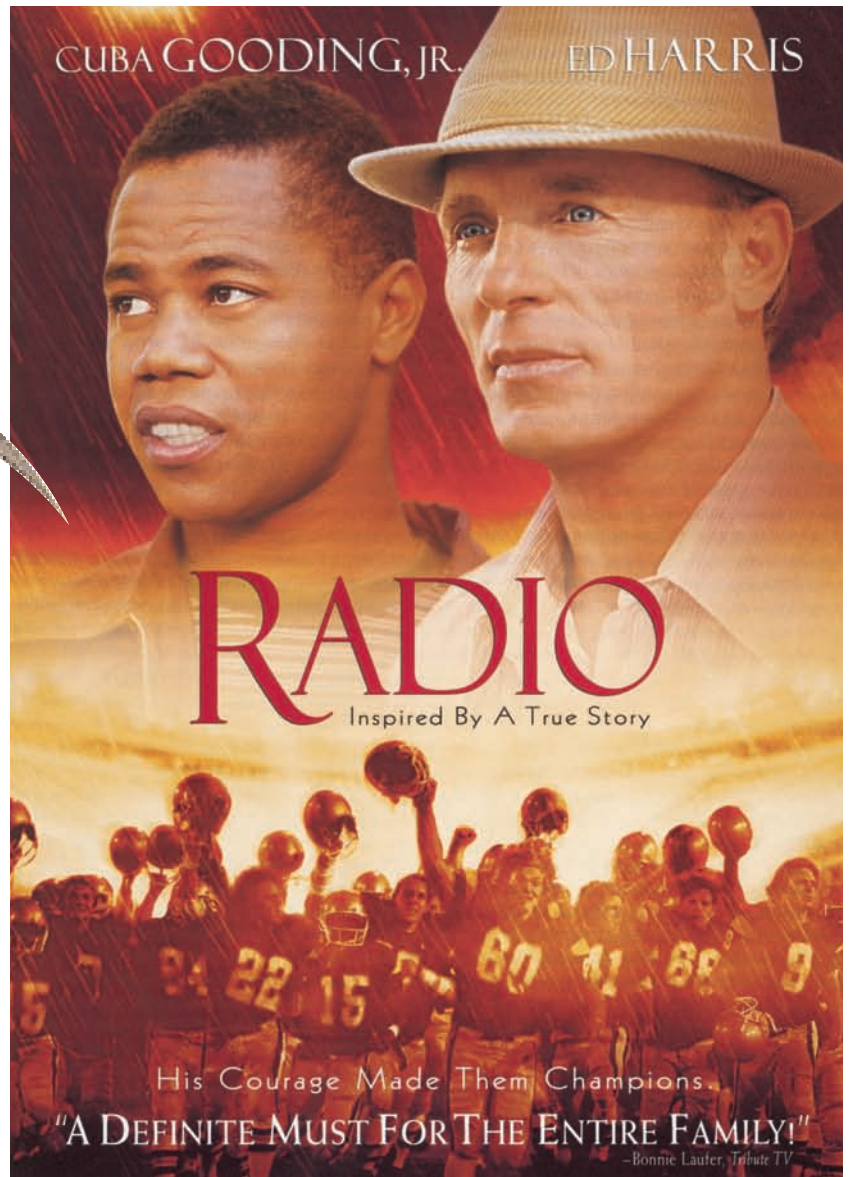
MOVIE NIGHT



**Join us for the film RADIO with
Ed Harris and Cuba Gooding, Jr.**
8:00 – 10:00
Legacy North

For anyone who ever had a dream and everyone with the courage to stand up for what they believe, comes the real life story of Robert 'Radio' Kennedy. Experience Radio's journey from a man no one understood to the coach no one could live without. Together with Head Coach Harold Jones, Radio inspired a football team to become champions

and a town to open their hearts. Heroic performances from Academy Award Winner Cuba Gooding, Jr. (1997, Best Supporting Actor, *Jerry Maguire*) and Ed Harris (*Pollock*) will have you laughing, crying and cheering for the man who proved the world's greatest victories happen in real life.



SATURDAY AUGUST 8TH

AGENDA

SATURDAY, AUGUST 8

SATURDAY MORNING WELCOME SESSION

9:30

Legacy North

Quilt Project

9:30 – 11:30

Legacy North

Everyone one has a creative steak in them. The FYC encourages everyone to express their creative sides by participating in their quilt project. Each participant will be given a square of cloth to decorate how they see fit. The best part about this is that every square that is decorated will become part of a much bigger piece that will connect all the participants beyond The 2nd Annual Youth Summit.

Parent Session: Off the Hook (THIS SESSION IS FOR PARENTS ONLY)

10:15 – 11:15

Legacy South 1

The toughest thing about being a parent is learning when NOT to be one. You don't have to take my word for it, just ask Marlon. His wife was brutally attacked and killed by a man-eating barracuda, thrusting him into the role of a "single dad."

Before you get too caught up in Marlon's story, I must explain that Marlon is a fish, and his son's name is "Nemo." Yes, the scenario I just described is a scene from the Pixar blockbuster movie, *Finding Nemo*.

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Although only an animation film, *Finding Nemo* portrays the real life struggles many parents face in “letting go of their children.”

Marlon learned from his mistakes. But more importantly, he learned that being a parent is learning when NOT to be one.

This weekend, it's your turn to be Marlon! Your son or daughter will be with their peers . . . they are “able” and “capable.” Come listen to what the Summit will provide for the youth and emerging leaders . . . and then you are off the hook for the weekend!

Lori Fahey
President/CEO
The Family Café, Inc.
1332 North Duval Street
Tallahassee, FL 32303
850-224-4670
FAX: 850-224-4674
lfahey@familycafe.net

LUNCH WITH YOUR TEAM

11:30 – 12:45

Salon 2

Enjoy lunch with the members of your Youth Summit Team!

BREAKOUT SESSIONS

1:00 – 2:00

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Transition Focus Group

1:00 – 2:00

Legacy South 1

Come offer your experiences, your advice, and your excitement! This focus group is designed to hear from young people about their experiences while in school preparing for the transition to adulthood, including additional learning, work, and community living. We want to hear what worked, what didn't work, and what you think should be done differently or better. We will have a specific set of questions to help guide the conversation, but need YOU to speak up and out.

The Florida Developmental Disabilities Council is sponsoring a project called Partners in Transition. PIT is designed to coordinate and compliment activities of the Florida Department of Education's Project TEN, a technical assistance effort to improve school-based transition programs and services. In partnership with the Florida Youth Council, PIT is helping provide the "youth voice" to these discussions and activities. This focus group is the first step toward collecting youth input.

Curtis Richards
Director, Center for Workforce Development
Institute for Educational Leadership
4455 Connecticut Ave., NW, Suite 310
Washington, DC 20008
(202) 822-8405 x163
RichardsC@iel.org

Active Leisure for Life

1:00 – 2:00

Legacy South 2

Discover FUN recreation and leisure activities that allow you to be a part of your community. With passive, social, or physical activities the

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opportunities are endless.

Kristy I. Carter, CTRS Inclusion Specialist
Florida Disabled Outdoors Association
2475 Apalachee Parkway, Suite 205
Tallahassee, FL 32301
(850) 201-2944 x 3
kcarter@fdoa.org

Child Predator CyberSafety Presentation

1:00 – 2:00

Legacy South 3

Every day, 77 million youth use the internet, and of these youth, one out of every seven will be sexually solicited online. You know more about the internet than most of your parents and, in many cases, most of your teachers. In spite of everything you know, criminals are still exploiting the internet to locate, attract and lure youth like yourself for the purposes of sexually abusing them. We cannot prevent youth from using the internet, nor do we want to, but we can endeavor to keep you safe while you are online and educate you about additional precautions to take while exploring cyberspace.

Bonita Fuller
Victim Services Program Specialist
Office of the Attorney General / Child Predator CyberCrime Unit
3507 E. Frontage Road, Suite 200
Tampa, FL 33607
(813) 287-7126
Benita.fuller@myfloridalegal.com

BREAKOUT SESSIONS

2:15 – 3:15

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From Internship to Employment: How to Make the Most out of a Federal Internship

2:15 – 3:15

Legacy South 1

How do you turn a good internship experience into great lasting employment? Come to a session where we'll discuss the tools you will need to transition to the workplace, as well as specific employment opportunities and techniques that will make you a stronger candidate for Federal Employment. We will cover the specifics of disability employment, as well as the Schedule A Hiring Authority.

Patrick Cokley

Office of Disability Employment Policy, U.S. Department of Labor

200 Constitution Avenue, NW, Room S-1303

Washington, DC 20010

(202) 693-7848

Cokley.patrick@dol.gov

Relationships: Anything *IS* Possible!!!

2:15 – 3:15

Legacy South 2

Everyone, regardless of circumstance, is capable of relationships whether they be friendships, social or intimate (sexual). Talking is frequently difficult, but, expressing what you think and feel is important and essential in all relationships. Sexuality encompasses more than erotic feelings and sexual activity. It includes a variety of human emotions including feelings of comfort, security, love, and support. It is how you dress, how you feel about your body, and how to relate to others. Relationships can be enhanced or new ones developed with time and effective communication, self-acceptance, gaining confidence, and broadening our own ability to engage in not only social relationships but intimate ones as well. This informal discussion will provide participants with an overview

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of how to foster a relationship and an opportunity to openly discuss thoughts related to this topic.

Robin M. Kohn, MSW, LCSW
BSW Program Coordinator & Clinical Instructor
UCF School of Social Work
P.O. Box 163358
Orlando, Florida 32816-3358
(407) 823-2967
rkohn@mail.ucf.edu

Navigating Your IEP: Are You on the Right Track towards Your Future?

2:15 – 3:15

Legacy South 3

The Florida Youth Council has worked hard to make an IEP Guide that was created for youth, by youth. What we came up with is *Navigating Your IEP*. This guide will provide pointers and directions for taking charge of an IEP meeting, and taking a leadership role in their own life. Join us at this session, and hear members of the Florida Youth Council go over the guide and discuss their own IEP experiences.

Alex Brown
FYC Youth Advisor
1332 N. Duval St.
Tallahassee, FL 32303
(850) 224-4670
abrown@familycafe.net

Nick Grabowski
FYC Member

BREAKOUT SESSIONS

3:30 – 4:30

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I am Preparing to Leave High School, Now What?

3:30 – 4:30

Legacy South 1

Transitioning into adulthood can be an extremely anxious time, especially for individuals with disabilities. Mr. Knab is the Director of a statewide project in Florida that provides school district personnel the information they need to assist students with this process. During this session, he will share information with the audience of youth and young adults concerning what they need to know and what resources are available for them as they navigate the world of college, employment, and independent living.

Jordan T Knab, Ed.S.

Director, Project 10: Transition Education Network

University of South Florida St. Petersburg

140 7th Avenue South, SVB 108

St. Petersburg, Florida 33701

(727) 873-4661

jknab@spadmin.usf.edu

Using Your Education to Kick Start Advocacy

3:30 – 4:30

Legacy South 2

In this presentation, Rebecca will address the role that education plays in helping special education students set a solid foundation for self-esteem. This includes how parts of education policy (and specifically IEPs) can be used as a tool to motivate youth with disabilities to complete their education, kick-start their self-advocacy skills, become meaningfully employed and be able to live independently.

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Rebecca Cokley
Special Assistant to the Assistant Secretary
Office of Special Education and Rehabilitative Services, U.S. Department
of Education
550 12th Street, SW, 5th Floor
Washington, DC 20202
(202)-245-6099
Rebecca.Cokley@ed.gov

It's Time to Learn Our History and Get Involved: Youth Voting and Disability History!

3:30 – 4:30

Legacy South 3

The Florida Youth Council is committed to leadership and support of their peers here in Florida. The FYC has made disability history a special part of their mission since creating and supporting the passage of Disability History and Awareness legislation in 2008. Come learn about the rich history and important contributions of persons with disabilities in our nation, what the FYC has planned to recognize Disability History and Awareness Weeks this October, and the power of exercising your civil right to vote!

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Carly Fahey
FYC Member

Whitney Harris
FYC Member

DINNER FOR YOUTH AND EMERGING LEADERS

5:30

Legends 2&3

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DANCE PARTY

6:30 – 10:00
Legends 2&3

Scott Casey has been a popular DJ in the Orlando area since 1998. He has performed hundreds of shows for Disney, Universal, Sea World and other area attractions. In addition, Scott is the leader of The Dueling Pianos of Orlando. Join the members of the FYC and your fellow youth for an evening of dancing and fun!



KEEP IN TOUCH!

The Youth Summit is a great place to network, visit with old friends and meet new friends. We encourage you to use this page to share contact information and **KEEP IN TOUCH!**



Showcasing Florida's Menu of Services

THE FLORIDA YOUTH COUNCIL IS A PROGRAM OF THE FAMILY CAFÉ



1332 North Duval Street
Tallahassee, FL 32303
850.224.4670 Voice • 850.224.4674 Fax
www.floridayouthcouncil.com

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